Columbia University Medical Center

The Center for Student Wellness is working to connect student parents at the medical center campus. Email jl3059@cumc.columbia.edu to join the CUMC Students with Children Google group.

Columbia University Resources

Columbia University Family Support Network

Lactation & Nursing Mothers Rooms

Lactation Room at CUMC
Breastfeeding Support Program

Policies

Office of Work Life – Graduate Students

Kid-Friendly NYC

Guides


NYC Go – Kid-Friendly NYC – Itineraries and ideas.

NY Metro Parents
New York Family
Mommy Poppins – Get more out of NY with kids

Food

Best kids' food in NYC
NYC kid-friendly restaurant guide

Entertainment

NYC Parks – programs & events for kids
Bronx Zoo
Top 10 kid-friendly activities in New York City

Broadway shows for kids

Family attractions in NYC: The 50 best sights and attractions

Best museums for kids

10 best toddler friendly attractions in New York City

NYC indoor play and rainy day activity guide

Parent Meet-up Groups NYC

Transportation

Tips for taking the subway with a stroller

Getting around NYC by subway with kids

Accessible stations in the MTA network

Kid car service

Shared Tips for Parenting + School

Grad school and parenting: if I knew then what I know now....

Grad School Moms

Tips on being a mom and a nursing student

A perfect time for babies

Dr. Mom and Dr. Dad – Issues in becoming a parent during residency

The Mrs. The Mommy. The M.D.